



Cystic Fibrosis Scholarship Foundation
Helping young adults with CF pursue their dreams
Fall 2014

From the President:

Thirty-two years ago when our son Eric was diagnosed at three months old with cystic fibrosis, life expectancy for those like him was the late teens. Over time life expectancy continued to increase and our hopes for our son continued to expand. In 1999 when I founded CFSF, my goal was to offer an opportunity for young adults with CF to be able to experience college and get an education that would lead to a fulfilling job and future. Now over 50% of those with CF are over age 18 and this percentage continues to increase. These adults are now getting married and having children. Thirty-two years ago this seemed like an impossible dream for our son. In July this dream became a reality for our son when he married a wonderful woman, Robertha, who will be his partner in his battle with cystic fibrosis. The need for a college education for those with cystic fibrosis has never been greater. Higher education will enable them to better support themselves and their families.



Eric and Robertha

Our need to continue to raise funds to assist our adults with cystic fibrosis further their education has never been greater. Each day the medical advances and new drugs in the pipeline continue to offer hope and the opportunity for those with CF to live a longer and more fulfilling life.

I wish to express my appreciation for all of those who have helped our young adults with CF pursue their dreams during the past fifteen years, and I know I am joined in this by all of the recipients of the CFSF awards. All of us at the Cystic Fibrosis Scholarship Foundation wish each of you a happy and healthy holiday season.

Mary Kay Bottorff

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11th Annual Tim and Ritch Dangel Memorial Golf Scramble



On Saturday, September 27, 2014, 110 golfers hit the links at the Circling Hills Golf Course in Harrison, Ohio. The day could not have been more perfect with the temperatures in the high 70's and the sun shining brightly. Dinner, the raffle and auction were held at the club following golf. The tournament is held in memory of Tim and Ritch Dangel, brothers who both fought their battle against CF. A great time was had by all and \$8000 was raised in memory of Tim and Ritch. The tournament is organized by Rick Niklas, uncle of Tim and Ritch.

Rick Niklas



The proceeds from the event will fund a multi year CFSF scholarship to be awarded in the spring of 2015. Thanks to Rick Niklas and all the wonderful family of Tim and Ritch for their hard work and support as well as all the sponsors and companies that supported the event.

Upcoming Wine Tasting Event – Chicago

The annual Chicago wine tasting to benefit CFSF is planned for the Sunday afternoon of January 25, 2015 at The Chicago History Museum. This year we will travel to the far parts of the world and enjoy wines and foods from Australia and New Zealand. We will be going down under as they say. The afternoon will include a silent auction as well as a raffle and our fun Buy A Cork. We are seeking corporate sponsors for the event. Sponsorship levels are \$2,500, \$5,000 and \$10,000. If you know of any companies who might be interested in this opportunity to help our young adults with CF, please contact the office.

If you are interested in working on the committee to help promote the event or wish to purchase tickets, please contact us at 847-328-0127.

Honor Someone You Love – Remember Someone You Miss

Searching for a special gift to commemorate a birthday, anniversary, the holidays or wedding? Looking for a meaningful way to remember a loved one? This may be the right time for you or someone you know to help our young adults with CF pursue their dreams. It is easy to do. Fill out the enclosed envelope and send it to CFSF. We will promptly send the recipient notification of your donation and send you an acknowledgement.

Student Letters from 2014-2015 Scholarship Recipients

Dear CFSF:

My second semester at the University of Alabama unfortunately did not end as well as my fall semester; after sinus surgery and weeks of battling my cystic fibrosis, I was forced to medically withdraw for the semester in early April. I endured multiple hospitalizations at Children's Hospital in Birmingham throughout the semester and the following summer. My health has since improved, and I look forward to returning to my new home of Tuscaloosa in late August.



While my schooling and summer obviously did not play out as I had hoped for, in late April I was fortunate enough to acquire an internship on a state senate campaign for Mr. Clyde Chambliss in our local district. I worked right next to Mr. Chambliss and his advisors as they planned and executed each step of his campaign. Mr. Chambliss eventually won his primary and runoff elections, setting him up for what looks to be a relatively easy general election. I left the position after the runoff in mid-July, and firmly believe that it was one of the most interesting and fun experiences that I can recall.

As I mentioned, my health has improved substantially since the spring, and my excitement grows every day as school once again approaches. One drastic difference between my freshmen year and this upcoming year is my living situation. Instead of sharing a dorm with three other roommates, I'll be living with one of my best friends from high school in an apartment off campus. This will almost certainly allow me to monitor and maintain my health more capably with more room for my medicines, a nearby kitchen, and a knowledgeable friend to keep watch.

Once again, I'd like to express my deepest gratitude for your continued support. It has given me opportunities I most definitely would have been deprived of otherwise. In my time at UA last year I was able to make a multitude of new friends and explore career and volunteer opportunities that greatly interest me. This would not be the case without your help, and my family and I would like to again sincerely thank you for your support.

Joshua

Dear CFSF:

Thank you so much for your generosity. Your donation will make it possible to continue my education and become a Speech Pathologist. I am twenty one years old and live in Lakeland Florida with my family. Florida is known for its sunshine and beautiful beaches. The beach is one of my favorite places to go. The salt water helps improve the way my lungs feel, while the scenery makes it easy to relax. My dream is to visit as many beaches as possible. I love to travel and have a big list of places to see.



CF has created some challenges in my life but with the help of my doctors, new research studies, improvements in technology and treatment plans, I've managed to lead a productive and healthy life.

I have always struggled with communication. I have had to learn to become a good advocate for myself, I have had to deal with different communication styles when it came to helping others understand my CF. I have also struggled with a learning disorder that has made school a challenge at times. All of these things helped me discover how important communications is and how I could help others better their communication skills.

I thank you so much for your confidence in me and will continue to strive for excellence. People like you are what makes the world a better place to live. You are now part of my journey.

Audrey

Dear CFSF:

Thank you so much for supporting me on my journey as a college student! I hope that this letter finds you doing well. I am so grateful to be supported by your family and by CFSF. I am also truly honored to be able to receive these scholarships. It is truly a blessing to be healthy enough to attend college and it is even more of a blessing to have people like you supporting me.



This past year I have been doing pretty good health wise. I have been on and off antibiotics but I have been able to stay clear of any IV's or hospital stays.

I am still working on a bachelor's degree in Social Work and Criminal Justice and I am also a student in the Honors College. My goal is till to spend time in Africa, opening orphanages and then later working with teens and helping them get out of the juvenile system and finding them opportunities that will keep them out of trouble here in the US. I have recently looked into graduate school and am studying for the GRE. I am excited to further my education to a master or maybe even a doctorate degree.

This summer I am taking a few online classes to lessen my workload for the following year. I cannot believe that I am to graduate in the spring. Being at college is one of the most fulfilling experiences I've ever had and I'm so thankful for the opportunity to be here.

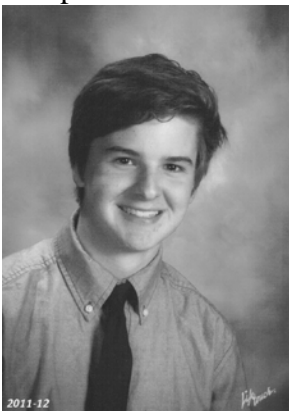
Again, I cannot thank you enough. Your financial support has been such a blessing and is truly a huge help. Because of your support I will be graduating from Michigan State in the spring with two bachelor's degrees, one in Social Work and one in Criminal Justice.

Thanks so much and take care.

Alexis

Dear CFSF:

My sophomore year ended great. I was able to maintain my 3.35 GPA and I am very happy to say I have found my major, printmaking. The introductory class teaches you several techniques and styles and while for the most part I enjoyed all of them, I will be focusing on silkscreen printing. In my 16 years of school I have never enjoyed and actually put this much effort into my homework. It's a wonderful stress release and I get to be a part of the process creating the work, which I love. I'm still working for the campus rec center doing graphics as well as checking people into the gym. After leaving the job at Target I found a lot of my stress dissipated.



This summer had brought a rough patch in my health. Physically I have had no change in my health and feel perfectly fine, however, my lung function numbers are slightly below 100 and we are still trying to get them back up. It's been a stressful summer for that reason.

I just found an apartment with a friend a couple of blocks from campus so I am excited to live entirely on my own with the help of campus to lean on. It will also be nice to have someone to talk to opposed to living alone like I have done the past two years. I'm not exactly ready for the summer to end, it seems like it just started, but I am excited to be moving back to Louisville and surrounding myself with friends again. I am also quite excited to further my studies in printmaking.

As always, thank you so much for supporting me through college and avoiding loans for as long as possible. It is very much appreciated! Hope you have a wonderful summer and a great rest of the year. Thank you so much

Nicholas