



Cystic Fibrosis Scholarship Foundation

Helping young adults with CF pursue their dreams

SUMMER 2016

From the President:

Thanks to the generous support of our donors, in April the Scholarship Committee awarded \$119,000 of financial aid to 41 young adults with cystic fibrosis. Our scholarship recipients will attend a variety of community colleges, state universities, and private colleges, as well as vocational training. Though these young people have achieved so much, they are still in great need of our financial support, and just knowing that there are people—and strangers, at that—willing to help them obtain an education means so much to them. Your support helps them not only accomplish their goals, but deepens their sense of community, and further enkindles both their and our faith in the generosity of others. With these awards, CFSF has now awarded over \$1.6 million in scholarships to 850 deserving young adults with cystic fibrosis.

A special thanks to all of our great supporters who raise funds in memory of those who have lost their battle to cystic fibrosis. Over the years the Kevin Tidwell Foundation has provided numerous students with an opportunity to pursue their dreams of a further education. In 2005, the Foundation funded its first scholarship, The Kevin Tidwell Memorial Scholarship for \$10,000 over 4 years. They have continued this important scholarship every year since 2005. In addition, in 2008 they began funding the Glen Parsons Memorial Scholarship. Glen had been involved in the Kevin Tidwell Foundation for many years. After his passing, the foundation wanted to recognize his contributions and efforts on behalf of the Foundation. This is also a \$10,000 scholarship over 4 years. Since 2005, The Kevin Tidwell Foundation has funded \$210,000 of scholarships for CFSF. In future newsletters, we will highlight more of these generous groups that have played such an important part in the success of CFSF.

A year ago the Food and Drug Administration approved a new drug, Orkambi, that can impact over 50% of those with CF. This drug is the first for this group of CF patients to target the underlying cause of CF. It also makes me aware of how important our work is for those young adults struggling with this disease, as their chances for a long, rich future are increasing every minute.

I wish to express my appreciation for all of those who have helped our young adults with CF pursue their dreams during the past seventeen years, and I know I am joined in this by all of the recipients of the CFSF awards. Enjoy reading about one of the recent graduates who received a scholarship for the past four years as well as two new recipients.

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2016 Tim and Ritch Dangel Scholarship Winner

As a fifth generation Alaskan I have grown up living in the land of mountains, lakes and wildlife. I am the youngest of three children, and the second of my parents' children to be diagnosed with Cystic Fibrosis. My eldest brother, Zachary, who was born nine years before me, was first diagnosed with CF after birth. By the time I was born, they knew how to handle the daily tasks of administering medication, constant doctor's visits, and illnesses, but as any parent who has raised a child with a chronic illness will know, every day brings new and terrifying challenges. My eldest brother passed away in the fall of 2006 only a week shy of his 19th birthday after a life-long battle with his disease. Growing up with his legacy behind me has shaped the way I prioritize aspects of my life; my health, my family and my education come before anything else.



In my education life, I had the good fortune to attend the Aurora Waldorf School in my hometown of Anchorage, and after that Polaris K-12 School, an open-optional program that emphasized values of creativity, self-directed learning and community. Growing up with excellent emotional support for my health and education both at home and at school was indelible in allowing me to flourish as a teenager-at a time in my life where managing CF became a struggle for my brother. The support team at my local CF center is world-class, and I owe my state of wellbeing to them as much as my family. It is due in part to their support, and to the support of this scholarship, that I am able to realize my dreams of achieving a higher education. For so many with CF, daily life is a constant struggle just to draw breath. To know that there is an educational foundation willing to support my educational pursuits is invaluable.

My whole life I have had a passion for creative writing, sociology and English literature, and it is my desire to pursue these endeavors at the university level and beyond. Thanks for making a difference in my life and the lives of many others.

With gratitude *Kelly*

2016 Gaddes Foundation Scholarship Winner

My name is Caitlyn Havelka. When I was younger I used to think that having cystic fibrosis was a curse, but as I've grown older I've learned it's a blessing. I have gained so much knowledge, determination, and have had great opportunities to meet new people and make a difference. I'm the kind of person who won't settle for anything less than I deserve. Cystic Fibrosis has taught me everything from living day to day to being myself.



I have been a member of Menominee County 4-H for 13 years. My involvement in 4-H has given me the opportunity to work with different ages and groups of people and allowed me to pinpoint my next direction. I have been part of many service projects that specialize in working with kids such as Super Saturday, Horse Camp, and the Proud Equestrian Program. I have discovered through these programs that I want to further my education and ultimately help others.

I have been dual enrolled and completed two online college courses. I am beyond excited to start school in the fall. I will be attending Bay De Noc Community College for two years to pursue a degree in social work. Afterwards I will transfer to Michigan State University to pursue my bachelor's and master's degrees. Social work couldn't be a better fit for me. My passion in life is to help people. I hope to one day work in a hospital and specialize with kids. Growing up on a family farm in a small community allowed me to work and play with animals. Animals helped me through my hard times, so at some point in my career I would love to include animals into my work.

Receiving this scholarship means a lot. I am so grateful that I can put money towards my education. Rather than having to work countless hours to pay for my education during school I will now be able to focus on schoolwork. *Caitlyn*

Kristen Cash Graduate of the Class of 2016 at University of Florida

It is difficult for me to believe that I have come to the end of my undergraduate career at the University of Florida. To say that I kept busy over the last four years would be an understatement. I majored in political science and philosophy while also pursuing a minor in nonprofit organizational leadership. Aside from my studies I was always very involved both on campus and in the community. I have served as an executive board member with Phi Alpha Delta, the international pre law co-ed fraternity. I was a choreographer and the president of UF's performance tap team, "Stomp the Swamp" and I was a representative for UF at the national College Youth in Government convention. I was selected as a UF student ambassador as part of the "Gator for a Day" program providing tours and information to future UF students. I am a member of the University of Florida's Honors Program, Golden Key Honor Society, Phi Kappa Phi Honor society, and I am a UF Anderson Scholar, which is awarded to the top 5% of University of Florida students based on GPA. Additionally, I received a full Gilman Scholarship through the United States Department of State for the purpose of studying abroad. Spending a summer semester in Italy was truly a once in a lifetime experience.



One of my proudest accomplishments is my involvement with UF Donate Life. Having served as President for three years, I have educated many on the importance of becoming an organ donor through weekly campus events and speaking at various student run organizations. I also created an annual event held at UF Health Shands Hospital, "Tie it with a Green Ribbon", for the purpose of educating about organ donation. As the daughter of a mother with both Cystic Fibrosis and the recipient of a double lung transplant, I am grateful to have had the opportunity to register hundreds of students to be organ donors, but specifically address the importance of lung transplants as it related to Cystic Fibrosis.

I have had so many unique experiences. My undergraduate career has truly been the time of my life. I have performed at the country's largest student run pep rally in front of over 10,000 students. I was honored to have been named one of the top 8 finalists for the University of Florida's Woman leader of the year award. I was an intern for a State Representative, a county Judge, and UF Health Shands Hospital. I was also able to do research and write a senior honors thesis, one of only five in my department. I have learned that with hard work you really can accomplish anything.

My undergraduate college career has come to a close. However, my time as a student is not quite over, as I will be attending law school in the fall. I was accepted into and received academic scholarship offers from many wonderful law schools including Vanderbilt University Law School, Emory University Law School, Wake Forrester University School of Law, and the University of Florida's Levin College of Law. After much deliberation I will be attending the University Of Florida Levin College Of Law with an 80.4% merit based scholarship. I am extremely appreciative to have been a Cystic Fibrosis Scholarship Foundation scholarship recipient. CFSF helped me to fulfill both my academic and personal goals. I will one day reciprocate by donating funds to the Cystic Fibrosis Scholarship Foundation so that another CF student will be able to fulfill his or her dreams.

36th Annual Phoenix Invitational Tournament

The Kevin Tidwell Foundation hosted the 36th annual golf tournament in Phoenix on April 29 and 30, 2016. The event kicked off Friday evening at the Scottsdale Plaza Resort with a light dinner and the silent auction which included 5 nights in a condo in Puerto Vallarta. Orange Tree Golf Resort hosted the golfers and a luncheon on Saturday which included a raffle of some great prizes. A portion of the proceeds were donated to CFSF in memory of Kevin Tidwell, a young man who lost his battle with CF. In April 2016, two scholarships of \$10,000 each were funded from contributions of the Kevin Tidwell Foundation to CFSF.

The Kevin Tidwell Foundation's scholarships have made a significant impact upon many young adults with CF. We are very grateful for the support this wonderful organization has provided to our young adults with CF over the years.

Upcoming Golf Event in Cincinnati Area

The 13th Annual Tim and Ritch Dangel Memorial Golf Scramble will be held on Saturday September 24. This event includes golf, a dinner and prizes at the course. The fee for this event is \$80 per person. Proceeds from this event benefit CFSF. If you are interested in playing at this fun tournament, please contact Rick Niklas at 513-245-6021 or RJNiklas@gmail.com.

Tim and Ritch were brothers who both had CF. Tim died in 2001 at the age of 33 and Ritch passed away in 2006 at the age of 36. Tim worked as an architect in Cincinnati and Celina. He was waiting for a lung transplant at the time of his death. Ritch died from a rare liver disorder. At the time of his death he was the senior project manager for Messer in Dayton, Ohio. Ritch loved boating and water sports and was an accomplished "barefoot" water skier. Tim and Ritch never let cystic fibrosis keep them from living life to the fullest. Their family organizes this event in memory of the brothers and the proceeds are then awarded to one student each year.

Amazon Smile

If you purchase items from Amazon please sign up for Amazon Smile. A percentage of each of your purchases is then contributed to CFSF. It is a simple way to help us provide more young adults with CF a college education. Sign-up today at smile.amazon.com, and select the Cystic Fibrosis Scholarship Foundation, and leave the rest to Amazon!

Upcoming Wine Tasting Event – Chicago

The annual Chicago wine tasting to benefit CFSF is planned for the Sunday afternoon of January 29, 2017 at The Chicago History Museum. This year we will travel to Eastern Europe to enjoy wine and food from the region. The afternoon will include a silent auction as well as a raffle and our fun Buy a Cork. We are seeking corporate sponsors for the event. Sponsorship levels are \$2,500, \$5,000 and \$10,000. If you know of any companies who might be interested in this opportunity to help our young adults with CF, please contact the office.

If you are interested in working on the committee to help promote the event, please contact us at 847-328-0127. It is a great afternoon and we would love to have more people share this wonderful afternoon with us.

Honor Someone You Love – Remember Someone You Miss

Searching for a special gift to commemorate a birthday, anniversary, the holidays or wedding? Looking for a meaningful way to remember a loved one? This may be the right time for you or someone you know to help our young adults with CF pursue their dreams. It is easy to do. Fill out the enclosed envelope and send it to CFSF. We will promptly send the recipient notification of your donation and send you an acknowledgement.

Scholarship Winners for 2016-2017 Announced

The Cystic Fibrosis Scholarship Foundation is pleased to announce the recipients of the forty-one scholarships awarded in April 2016. The following students have been awarded multi-year scholarships:

Sophia Backlund	North Dakota	Frank Duvendack	Michigan
Paige Ellens	Washington	Robert Haga	Virginia
Ian Henne	Illinois	Margaret Hull	New Jersey
John Liberty	Massachusetts	Reagan Peavey	Michigan
Emily Schulte	Illinois	Kailee Scott-Unger	Oregon
Haley Sullivan	Massachusetts	Olivia Taylor	Georgia
Mary Vanderhoop	Vermont	Cameron Vedder	New York
William Wall	New Jersey		

The following students have been awarded single year scholarships:

Zatishia Bass	New York	Holly Beasley	North Carolina
Ryan Bennett	North Carolina	Tabitha Caldwell	Texas
Megan Cravens	Indiana	Matthew Dow	Maryland
Julianne Fox	Ohio	Shelby Glessner	Michigan
Isabella Kox	Wisconsin	Justin Krizenesky	Wisconsin
Martin Taylor	Ohio	Loretta Pickard	Nevada
Dominic Quintana	Colorado	Elizabeth Shea	Florida
Breanna Stovall	Alabama	Logan Twohey	Kentucky
Preston Vaughn	California	Andrew Weatherford	Oklahoma
Kelsey Wessels	Ohio		

We are pleased to announce that the recipient of the Kevin Tidwell Memorial Scholarship is Carlos Santos Ceja. He will receive \$2500 per year for four years. He is from Nevada. This scholarship is made possible by the generous donation of \$10,000 from the Kevin Tidwell Foundation.

A scholarship in memory of Glen Parsons has also been funded by the Kevin Tidwell Foundation. Glen was a founding member of the Kevin Tidwell Foundation who donated his time and energy to that organization for over twenty years. This \$10,000 scholarship was awarded to Tristin Houck. Tristin is from Indiana.

Kelly Simpson has been awarded the Tim and Ritch Dangel Memorial Scholarship. Kelly is from Alaska. This award has been made possible by the fundraising efforts of the family of Tim and Ritch Dangel in Ohio. The family sponsored a golf tournament in Cincinnati, Ohio and the proceeds were donated to fund this scholarship.

We are pleased to announce the recipients of the Jill M. Balboni Memorial Scholarship funded by the LiveLearnBreathe Foundation. William Hammond and Aaron Fox will each receive \$1250 per year for four years. William lives in Tennessee and Aaron is from California.

Emily Apakian and Caitlyn Havelka are each recipients of the Michael Gaddes Memorial Scholarships funded by the Michael Gaddes Foundation in Michigan. Each student will receive \$2000 per year for two years. Emily lives in Pennsylvania and Caitlyn is a resident of Michigan.

We wish to congratulate all of our award recipients as well as all of our applicants and wish them all the best in their studies this fall. Congratulations to all!