



Cystic Fibrosis Scholarship Foundation
Helping young adults with CF pursue their dreams
SUMMER 2019

From the President:

Thanks to the generous support of our donors, in April the Scholarship Committee awarded \$125,000 of financial aid to 41 young adults with cystic fibrosis. Our scholarship recipients will attend a variety of community colleges, state universities, and private colleges, as well as vocational training. Though these young people have achieved so much, they are still in great need of our financial support, and just knowing that there are people—and strangers, at that—willing to help them obtain an education means so much to them. Your support helps them not only accomplish their goals, but deepens their sense of community, and further enkindles both their, and our, faith in the generosity of others. With these awards, CFSF has now awarded over \$1.9 million in scholarships to over 900 deserving young adults with cystic fibrosis.

Recently, the Cystic Fibrosis Foundation announced that it will seek FDA approval in the third quarter of 2019 for a new triple combination drug for CF. They will be seeking approval for people ages 12 and older who have one F508del (most common mutation) and one minimal function mutation and in people with two F508del mutations. The most exciting impact of this new drug is that over time the approval of the triple combination drug could expand therapies which treat the underlying cause of CF to more than 90 percent of the population. The medical advances in the treatment of CF have been monumental over the last 35 years since our son was born with life expectancy now at 47 versus 18 in 1982 when Eric was born.

Many college students can experience a semester abroad as part of their college experience. It is very exciting to see that some of our scholarship recipients can partake in this adventure. Over 15 years ago when my son did his summer abroad it was unusual for a CF student to leave the country for a semester due to all the complications of the disease. Now due to all the medical advances students can enjoy this adventure. We have come so far in the treatment of this disease and we must continue to encourage our young adults to pursue their dreams of higher education and all the opportunities available to them during this important period in their lives.

I wish to express my appreciation for all of those who have helped our young adults with CF pursue their dreams during the past twenty years, and I know I am joined in this by all the recipients of the CFSF awards. Enjoy reading about one of the recent graduates who received a scholarship for the past four years as well as several new recipients.

Mary Kay Bottonff

1555 Sherman Ave. #116, Evanston, IL 60201

Phone : 847-328-0127

Website: cfscholarship.org Email: mkbcfsf@gmail.com

Barbara Boyer - Class of 2019 at University of Wisconsin

After five long and challenging years, I have finally graduated from the University of Wisconsin – Green Bay with a bachelor’s degree in Business Administration. This includes my major in accounting and my minor in business administration. An accounting degree at the University of Wisconsin – Green Bay requires 150 or more credits, so a student can take the Certified Public Accounting Exam. I was able to graduate as a cum laude. My next steps after graduation is to find a job in the accounting field and to start studying for the Certified Public Accounting Exam. My ultimate goal is to become a tax accountant.

One of my college experiences was spending time one semester volunteering. I helped to prepare income taxes as part of the Voluntary Income Tax Assistance program. This program provides assistance to those of low-income people to help them file their taxes for free. I met



people from different cultures, backgrounds, and those with a variety of different disabilities. Volunteering provided me with a hands-on experience as well as exposure to different types of people I never would have met. It was a very enjoyable experience. Another experience I had during my college career was to work at a local bank in my hometown during my summer break. This experience helped me to get a better understanding of how a business is run compared to just reading information from a textbook for classroom purposes. This opportunity gave me firsthand experience into what an office job is like.

College can be a scary experience at first for those living with a chronic disease like Cystic Fibrosis. I was also a first-generation college student, so I really was not sure what I was getting myself into when I started college. I however always followed my parents saying to always try to do your best. This saying and having good friends and professors became important especially in my last semester at college when I went through some difficult times. I had my grandfather pass away, and I had to miss multiple class periods due to a different medical issue and having surgery. College has been a juggling act for me. Between studying, going to classes, doing treatments, eating, exercising, volunteering, and helping out on my family’s dairy farm, I have kept busy during college. Having Cystic Fibrosis and juggling the rest of my activities has taught me to have effective time management skills. I found throughout my college experience that being open about living with Cystic Fibrosis and finding good friends can make college a rewarding experience and make the experience not as scary. One piece of advice I would give to incoming college students with cystic fibrosis would be is to not let this disease keep you from reaching success and accomplishing your dreams. Also, as my parents keep telling me to this day, always try to do your best.

I want to thank the Cystic Fibrosis Scholarship Foundation for all the help I have received over the first four years of my college career. I would have had to take out huge loans to pay for my college expenses if I didn’t receive the financial help I got from them. College has been a rewarding experience, and I appreciate all the help that this foundation does.

2019 – 2020 Scholarship Recipients

Dear Friends of CFSF:

My name is Jack and I will be a new high school graduate as of June 2019. I plan on attending the local college starting this fall. The college is Mott Community College and my plans are to attend for 2 years to receive my associate degree. My long-term goal is to then transfer to a 4-year school and obtain my bachelor's degree. That's a lot of school years considering I couldn't wait to finish high school.



I would like to send a BIG thank you for your generosity. This will help take a burden off my shoulders and pay for books that are outrageously priced. I applied for three scholarships and you were the only one that selected me. I was super excited when I got your letter. I really have never won anything in my life, except a slice of pizza at a car race. So, you can imagine how excited I was with your letter.

Once again thank you so much for selecting me. Thank you for your kind hearts and helping people like me out in this world. Sometimes thank yous just don't seem like enough!!!

Sincerely,
Jack

Dear Friends of CFSF:

I am honored to be a recipient of the CFSF 2019-2020 Scholarship. Thanks to your generous support, the cost of college might not be so bad for me and my family.

Growing up, I have been repeatedly reminded of the importance of a college education as a foundation for a successful life and the hard work it would take to get there. I would like to thank you for being part of that journey in helping me get to college. I graduated on May 23rd with a 3.37 GPA and have already begun pursuing my next steps for the fall semester.



I will attend Pearl Community College as a freshman this fall. I will major in Graphic Design. Pearl River Community College is the number one community college in the state of Mississippi and is very highly ranked in the nation as well and I consider myself fortunate to attend. I am excited about many of the opportunities on campus and will be in PRCC's theater program and sing in the PRCC's pop choir while on campus this fall. I enrolled in fall classes last Thursday and was able to get a schedule that works well with adhering to my CF treatments, while also taking the courses I need to work on my degree.

This summer, I plan to find a part-time job and spend time with my family. Thank you again for your support of me and the Cystic Fibrosis Scholarship Foundation. I promise to make you proud of me as I pursue my degree and work hard in college. I will be in contact again in a few months to let you know how things are going.

Sincerely and forever grateful,
Hannah

Dear Friends of CFSF:

Thank you for your contribution to CFSF. I am grateful for your generosity and I expect to keep doing everything in my power to make your contribution to my education worthwhile. This year as a big one for me. I not only expanded my social circle in Milwaukee, but I also spent a semester abroad in a foreign land.

My first semester of sophomore year went pretty well. I took courses that were challenging but also interesting and I further developed strategies on how to better myself as a student, specifically as a test taker. That semester I highly focused my attention towards the social aspect of college, and I joined the AEPI Fraternity. Me joining AEPI was unexpected but it has become a meaningful part of my life and I expect that it will contribute positively to the rest of my college experience. During the first semester I also began looking for internships for the summer which forced me to do a lot of leaning on how to polish myself in order to be an ideal candidate. Overall, it was a good semester that presented new challenges for me that helped me grow.

In my second semester I went abroad to Hong Kong. The rigor of the classes in Hong Kong was not up to par with Marquette so I was able to spend less time on my in-class studies. This opened me up to study and read about topics that I personally find interesting. I read three books cover to cover for pleasure while I was in Hong Kong which was something I have not done since before high school. I also had time to really work on my body. I followed a 6 day a week workout plan where 3 days would be weight training and three days would either be basketball or hiking. This workout regimen helped me gain muscle while also losing fat. Furthermore, even though Hong Kong has worse air quality than the US, my breathing numbers spiked and are now the best they have been. Long story short, studying abroad really helped me grow and learn more about what makes me tick.

This summer is going to be busy. I am going to work two Finance related internships simultaneously while also taking an online class. I believe that the work I am going to be doing this summer will challenge me in a way that I have not been challenged yet and I am very excited. Thank you for taking the time to read about my life and I looking forward to sharing with you what happens next.

Best regards,
Alec

Dear Friends of CFSF:

My name is Monique and I am a high school senior living with CF. However, I don't let CF define who I am, a daughter, a sister, an employee, and a student dedicated to getting the best education for herself. That is why I am so grateful for the opportunity I have been provided in being awarded this scholarship. It will allow me to pursue my dream of working in the physics and chemistry field. I might even contribute to finding a cure for CF.

I am aware that there will be challenges when it comes to juggling school and CF, especially being away from my parents, who are extremely helpful, and I wouldn't be as healthy today as I am without them. However, I don't want to lose this terrific gift that you have given me, so I will strive to stay as healthy as possible, so that I don't have to miss classes for being in the hospital. I know that many CFers my age don't really get the opportunity to go away for college, because they are sick or in the hospital so much. They inspire me and make me want to work harder and get used to living independently.

Once again, thank you so much for the scholarship. I am so grateful for the chance I have been given to follow my dream.

Sincerely,
Monique

Scholarship Winners for 2019-2020 Announced

The Cystic Fibrosis Scholarship Foundation is pleased to announce the recipients of the forty-one scholarships awarded in April 2019. The following students have been awarded multi-year scholarships:

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| Sydney Brewer | Connecticut | Madalyn Core | Ohio |
| Joseph Delaporta | Massachusetts | Riley Demanche | Massachusetts |
| Monique Deschenes | New Hampshire | Hannah Hayes | Mississippi |
| Joshua Hilton | Arizona | Andrea Hoffman | Ohio |
| Alyson Hoffman | Ohio | Emma Jeffrey | Pennsylvania |
| Katie Konkler | Iowa | Elyse Mancilla | Wisconsin |
| Brian Mason | South Carolina | Brittney Medina | California |
| Nathaniel Paine | Massachusetts | Amanda Proffer | Texas |
| Jenna Reed | Massachusetts | | |

The following students have been awarded single year scholarships:

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| Charles Amer | Pennsylvania | Emily Apakian | Pennsylvania |
| Jacob Aultice | Virginia | Malana Baker | Iowa |
| Anika Bradley | Illinois | Jason Cartier | New Jersey |
| Sean Dean | Arizona | Alicia Fusco | New York |
| Addalyn Johnson | Ohio | Alexis Krist | Kansas |
| Sabrina Ness | Minnesota | Louisa-Kathleen Parrish | North Carolina |
| Jack Polmanteer | Michigan | Elizabeth Shea | Florida |
| Jacqueline Stack | New York | Regan Stigall | Texas |
| Josey Walton | Virginia | Eliza Williams | California |
| Nolan Zeger | Nebraska | | |

We are pleased to announce that the recipient of the Kevin Tidwell Memorial Scholarship is Caroline Webber. She will receive \$2500 per year for four years. She lives in North Carolina and will be attending University of North Carolina-Chapel where she will study physics. This scholarship is made possible by the generous donation of \$10,000 from the Kevin Tidwell Foundation.

A scholarship in memory of Glen Parsons has also been funded by the Kevin Tidwell Foundation. Glen was a founding member of the Kevin Tidwell Foundation who donated his time and energy to that organization for over twenty years. This \$10,000 scholarship was awarded to Carli Kasten. Carli is from Florida and will attend the Florida State University in the fall where will be studying Business Administration.

David Carpenter has been awarded the Tim and Ritch Dangel Memorial Scholarship of \$12,000 over 4 years. David is from Indiana and plans to study elementary education. the fall This award has been made possible by the fundraising efforts of the family of Tim and Ritch Dangel in Ohio. The family sponsored a golf tournament in Cincinnati, Ohio and the proceeds were donated to fund this scholarship.

Joy Arnold and Emily Woodward are each recipients of the Michael Gaddes Memorial Scholarships funded by the Michael Gaddes Foundation in Michigan. Each student will receive \$2000 per year for two years. Joy lives in Arizona and plan to study Engineering. Emily is from Vermont and plans to study nursing.

We wish to congratulate all our award recipients as well as all our applicants and wish them all the best in their studies this fall. Congratulations to all!